



INSTAGRAM QUOTE SUBMISSION PROCESS & FAQ

We invite anyone who attended and/or worked at New Haven RTC to submit a quote for consideration to post on [our Instagram account](#).

We are interested in honest, thoughtful quotes about your New Haven experience and/or how New Haven has affected your life moving forward.

Please review the following guidelines and FAQ before submitting.

GUIDELINES

We only accept quotes from individuals who attended New Haven RTC and/or worked at New Haven RTC as a staff member. Please do not submit a quote about an experience at a different program. We will contact you to confirm that you attended/worked at New Haven RTC prior to publishing your quote.

Please only speak about things you personally experienced or directly witnessed at New Haven RTC. Please do not tell another's story for them. We do not accept quotes submitted on another's behalf.

Please do not disclose the names or identifying details of anyone else including students and staff.

Please refrain from sharing graphic details of sensitive subject matter (such as trauma, self-harm, addictive behavior, etc.) that may be upsetting for others to read.

Please be mindful of the fact that New Haven Voices is entirely run by volunteers, and we have limited capacity. Due to the high volume of messages we receive, it may take us some time to respond to each message individually. Please don't take it personally.

Please be aware that we will not be able to feature every quote that is submitted to us on our Instagram page.

FREQUENTLY ASKED QUESTIONS

Q: How do I submit a quote to be featured on your Instagram account?

A: Please submit quotes by DMing us on Instagram or through the [contact form](#) on our website.

Q: How long after I submit a quote will it take to be posted?

A: It varies. Some quotes may be relevant to a current topic and may be posted shortly after submission. Some quotes we save to be posted at a later date. Please also note that we are not able to publish every quote that is submitted.

Q: Will I have a chance to see the post before it goes live?

A: Yes. We will always contact you before posting to confirm that you still want your quote featured online. We will not publish the post until we receive your final approval.

Q: Will my quote be edited?

A: It is possible that we may edit your quote for clarity, content, or grammar. You will approve the final version of the post before it goes live.

Q: May I share a quote from my charts?

A: Yes. Please make sure to obscure any names and identifying details, including the names of staff. Information about how to obtain your charts may be found [here](#).

Q: I didn't complete the program. May I still submit a quote?

A: Yes. All individuals who attended or worked at New Haven in any capacity are welcome to share their experiences.